

Jennifer Paz M.Ed., Psy.D.
(303) 756-1197 x2
899 Logan St. Suite #307, Denver CO 80203
JenniferPaz@elevatedinsights.org

EDUCATION: University of Denver Graduate School of Professional Psychology
APA Accredited
M.A. awarded September **2012**
Psy.D. awarded August 14, **2015**

Regis University
Master of Education **2007**
Magna Cum Laude
Endorsement: Elementary Education (K-6)

Georgia State University
BA, Psychology **2004**
Cum Laude
Minor in Philosophy

CLINICAL EXPERIENCE

Licensed Clinical Psychologist #0004497

Bilingual Co-director of Elevated Insights Assessment, LLC

May 2015 - Present 30 hours per week.

- Providing bilingual Spanish and English psychological evaluations for children, adolescents, and their families
 - Evaluations include: Cognitive/IQ, Psychoeducational/Achievement, Attention Deficit-Hyperactive Disorder (ADHD), Memory and Learning, Autism Spectrum Disorders, Social/Emotional/Behavioral, and Child Welfare
- Collaborating and consulting with medical practitioners, mental health providers, educators, and other community members for continuation of psychological assessment care
- Providing functional and relevant recommendations utilizing a strengths-based approach in order to facilitate success across environments
- Contracting as an early childhood expert with Playfully, an application developed for caregivers promoting social/emotional and cognitive development in children ages 0-3
- Adjunct faculty at the University of Denver's GSPP within the Latinx Psychology Specialty
 - Assessment with Latinx (2016 & 2017)
 - Interventions with Latinx (2017 & 2018)
 - Worked with students to adapt and create an evidence based and culturally responsive group manual for use with DACA and undocumented students within a college/university setting
- Certified in Animal Assisted Therapy (AAT-2017)

Senior Program Associate- University of Denver (DU), GSPP Latinx Psychology Specialty

October 2017 – Present. 20 hours per week. Supervisor: Henrietta Pazos, Psy.D.

- Expanding Latinx Psychology Specialty by bridging with the new Infant/Early Childhood Mental Health (IECMH) Specialty
 - Developing culturally and linguistically responsive professional development courses- online and in-person
 - Identifying and developing Latinx and ICHMH community-based organizations to expand practicum/training sites
 - Participating in evidenced-based trainings focused on IECMH populations and culturally appropriate adaptations
 - Reflective Supervision Symposium (August 2018)

- IoWA Parent Child Interaction Therapy (PCIT)- September 2018
 - Child Parent Psychotherapy (CPP)- September 2018
- Engaging in the recruitment of post-graduate students interested in Latinx Psychology and IECMH
- Providing culturally responsive, bilingual supervision to post-graduate students within the specialties
- Grant writing and program evaluation to promote specialty growth
- Presenting at national conferences
 - Zero to Three – October 2018 “Construyendo el Puente:” Bridging the Training Divide Between IECMH and Latinx populations
 - National Latinx Psychology Association – October 2018 “Construyendo el Puente:”

Assistant Program Developer - Latinx Psychology Specialty

October 2015-Present. 8-20 hours per week.

- Developing and implementing an international exchange program between GSPP and Universidad de Desarrollo (UDD), Chile SA (2016, 2017, & 2018)
 - Working with external community partners to increase the workforce and access to mental health services for Latinx- research, presentations, liaison, and outreach
 - Working closely with faculty from UDD to understand the training needs of their students and how to develop training sites and curriculum to meet these needs
 - Leading monthly meetings with external community partners to evaluate exchange
 - Providing biweekly supervision/consultation to exchange students using a cross-cultural approach to supervision (MECA Model)
 - Developing curriculum needed to support exchange students
 - Professionalism
 - Risk Assessment
 - Clinical Documentation
 - Evidence-Based Practice
- Internet marketing including website development, creating social media pages and instituting and managing listserv
- Providing weekly supervision to work study graduate student to support Latinx Psychology Specialty growth and development
- Supporting students within the specialty
 - Developing curriculum
 - Researching field placement opportunities
 - Obtaining resources to enhance learning
 - Event planning
- Assisting with grant writing and collecting program data for program growth
- Presenting at national conferences
 - National Latinx Psychology Association – October 2018 Hablamos/Let’s Talk: Using talk radio and social media to build resilience and social emotional wellbeing for Latinx children and families

Mental Health Center of Denver

August 2015 – December 2017. 30- 40 hours a week. Supervisor: Scott Nebel, Psy.D.

- Provided evidence-based outpatient psychotherapy in Spanish and English for high risk children, adolescents and their families (ages birth – 18)
 - Child Parent Psychotherapy (CPP)
 - Cognitive Behavioral Therapy (CBT/TF-CBT)
 - Acceptance and Commitment Therapy (ACT)
- Provided weekly and individual supervision to doctoral student trainee in Spanish and English
- Led a biweekly Spanish consultation group for service professionals across disciplines
- Led a weekly prevention group ‘Skills from the Inside Out’ for children/adolescents ages 9-15 to promote overall wellbeing, increase coping skills, and promote positive social interactions

- Trained in Trauma Focused Cognitive Behavioral Therapy (TF-CBT) and consulting on a biweekly basis to obtain certification (expected December 2017)
- Consulted and collaborated regularly with internal and external professionals for continuation of care
- Led a weekly Baby & Me (Somos Unidos) group in Spanish for caregivers and babies from birth until age 2 (3 rounds)

University of Denver- GSPP Internship Consortium (APA Accredited)

August 2014- July 2015

45 hours a week on average. Supervisors: Scott Nebel, Psy.D., Kimberly Pfaff, Psy.D., & Margaret Picard, Psy.D.

- Provided outpatient psychotherapy in Spanish and English for high risk children, adolescents and their families
- Member of the Infant Mental Health (IMH) team (birth-five) providing evidenced based models such as Child-Parent Psychotherapy in Spanish on an outpatient basis
- Administered, scored, interpreted, and tailored assessment batteries (cognitive, neuropsychological, achievement, personality and projective), for SPMI population, with a focus on children and adolescents, followed by feedback to families and treatment teams
- Co-led weekly yoga groups focused on ACT principles for adolescent girls and caregivers
- Provided weekly individual supervision to a first-year doctoral student trainee
- Consulted and collaborated regularly with internal and external professionals for continuation of care
- Attended weekly assessment, outpatient, IMH supervision and bi-weekly Spanish consultation group
- Attended weekly didactic seminars including professional development, diversity, and assessment

Children's Hospital Colorado, Department of Rehabilitation Medicine (MORE) team

June 2013 – July 2014

12 hours a week on average. Supervisor: Stephanie Sharp, Ph.D.

- Administered, scored, and interpreted tailored assessments for children with neurocognitive profiles
- Consulted with health professional team members in order to make recommendations and report on their findings
- Provided feedback in English and Spanish to the families and other professionals regarding the evaluation, answering questions, and providing them with resources in their community
- Generated reports based on the evaluation that are then used to inform treatment in various settings
- Co-led a school-based group on the rehabilitation unit twice a week focusing on academic skills that reflected multidisciplinary goals
- Conduct brief individual and family therapy in English and Spanish for rehab patients focused on adjustment and adherence

Children's Hospital Colorado, Department of Psychiatric & Behavioral Sciences

Sept 2012 – June 2014

22 hours a week on average. Supervisors: Christine McDunn, Ph.D. & Jason Williams, Psy.D.

- Provided individual and family therapy in English and Spanish using evidence based models
- Conducted weekly intakes in English and Spanish and complete diagnostic evaluations and treatment recommendations for new patients in the Outpatient Behavioral Health Department
 - Provide feedback to parents and referring professionals
 - Consult and communicate regularly as part of a multidisciplinary team
- Administered, interpreted, scored, and reported weekly on inpatient psychiatric unit using cognitive, self and parent report, personality, and projective measures
- Attended weekly Psychiatry Ground Rounds
- Documented all clinical contacts and maintain current electronic records including billing

Professional Psychology Center (PPC), University of Denver Sept 2010 – Aug 2013

7 hours a week on average. Supervisors: Michael Karson, Ph.D. & Elizabeth Hooks, Psy.D.

- Provided individual adult psychotherapy in English and Spanish
- Administered, interpreted, scored, and reported on child cognitive, personality, and psychodiagnostic assessment in English and Spanish
- Conducted intakes, treatment plans, risk assessments, safety plans
- Participated in weekly group supervision including reflecting on video recorded sessions

Colorado NeuroBehavioral Health, Adult Assessment and Therapy March 2012 – November 2012
8 hours a week on average. Supervisor: Melissa Henston, Psy.D.

- Conducted intakes with clients referred for pain management, anxiety, depression, post traumatic stress disorder (PTSD), substance abuse, traumatic brain injury (TBI), and aging issues such as Alzheimer's and stroke
- Administered, interpreted, scored, and reported on psychodiagnostic assessments including WAIS-IV, FAS Test of Phonemic Fluency, Rey-15-item Visual Memory Test, Repeatable Battery for the Assessment of Neuropsychological Status, Shipley-2, Test of Memory Malingering, Trail Making A&B, Saint Louis University Mental Status Examination (SLUMS), Beck Depression Inventory, Burns Anxiety Inventory, and Pain Inventory Scale
- Provided brief psychotherapy and pain management from an ACT perspective
- Provided biofeedback therapy to clients focusing on their body temperature, breath rate, and heart rate

The Denver Hospice, Anticipatory Grief and After Death, Denver, CO July 2011 – August 2012
20 hours a week on average. Supervisors: Jennifer Yarbrow, M.A. & Emily Duhaime, M.A., L.P.C. & A.T.R.

- Provided psychotherapy and crisis intervention with adults in English and Spanish
- Provided anticipatory grief therapy in English and Spanish with dying children or children coping with terminally ill family members in the Footprints program
- Conducted home visits in which patient had requested anticipatory grief therapy for themselves and their loved ones
- Co-facilitated grief groups
- Served as 'Bereavement (staff) on Duty' providing grief counseling, crisis intervention, and resources in response to community calls
- Made follow-up telephone calls to grieving people one, four, and six months after their loss
- Met weekly with supervisor for one-on-one supervision, monthly for group intern supervision, and monthly for anticipatory children grief therapy supervision
- Co-taught monthly new volunteer/employee training on multicultural and diversity

Mental Health Center of Denver, Family and Children, Denver, CO September 2010 – July 2011
15 hours a week on average. Supervisor: Scott Nebel, Psy.D.

- Provided weekly intakes and assessments, group, individual and family therapy, case management, parent outreach, co-facilitation of parenting or multi-family groups, support and monitor safety plans, link parents to community resources
- Led an art therapy adolescent girls group to prevent suicide called Voz y Corazon
- Worked as part of a multidisciplinary team alongside doctors, nurses, social workers, education professionals, and psychiatrists
- Communicated effectively both orally and in writing with people from diverse ethnic and socioeconomic backgrounds

Strengthening Families- November 2011- January 2012

- Co-facilitated an evidenced based parenting group called 'Strengthening Families' in Spanish

Allied Assessments, Children and Adolescents, Denver, CO May 2011- August 2012
3 hours a week on average

- Administered and scored psychodiagnostic assessments

PUBLICATIONS & PRESENTATIONS:

Paz, J. (2017) Acceptance and Commitment Therapy (ACT). Presentation given at the Mental Center of Denver Child & Family Outpatient Services.

Paz, J., Colón, K., and Nathanson, M. (2016) Developmental Milestones. Presentation given at

Developmental Pathways in partnership with Autism Home Support Services and the Autism Society of Colorado.

- Sharp, S., Miller, S., **Paz, J.**, & Marsh, P. (2016). *Following pediatric TBI: A case study*. Poster session presented at the 18th Annual Conference for Rehabilitation Psychology, Atlanta, Georgia.
- Altschuh, A., Evins, A., Franks, A., Gagnon, L., Goldberg, M., McMann, K, **Paz, J.** Peavey, C, Sutcliffe, J. & van Bakkum, L. (2015). The application of dark humor in stress reduction: The creation of a “Cards Against Psychology” game for psychology graduate students. *Psychotherapy Bulletin*, 50 (3), 53-54.
- Paz, J (October, 2014). Bullying y su hijo. Presentation given to Spanish speaking parents at MHCD.
- Paz, J (May, 2013). Bullying and your child. Presentation given through the Boys and Girls Club, Denver, CO. Created in English and Spanish. Presented in Spanish.
- Paz, J & McDermott, A. (2012). Ethics and self-care: The experiences of two doctoral students. *Psychotherapy Bulletin*, 47 (3), 36-38.
- Paz, J. (2007). *Creating Culturally Responsive Classrooms: An action guide for educators*. (Master’s Thesis, Regis University). Retrieved from <http://rudr.coalliance.org/fedora/repository/codr:442>
- Paz, J. (September, 2012). Yoga and your mood. Presentation given at Karis Community, Denver, CO.
- Paz, J. (February, 2012). How to help your child grieve. Presentation given at The Denver Hospice, Denver, CO.
- Paz, J. & Tallon, M. (November, 2011). Coping with the holidays. Presentation given at The Denver Hospice, Denver, CO.

SCHOLARSHIPS & AWARDS:

2014 Mountain West Engagement Award for Excellence, AmeriCorps 2011 & 2013, University of Denver Scholarship for Inclusive Excellence 2011 & 2012, Dean Scholarship 2010 & 2011, Mile High Teacher of the Year 2008-2009

ORGANIZATIONS:

American Psychological Association, APA Division 54, APA Developmental Psychology, APA Division-35 (Concerns of Hispanic Women), Association for Behavioral and Cognitive Therapies (ABCT), Association for Contextual Behavioral Science (ACBS), Colorado Psychological Association (CPA)

TEACHING:

Psychological Assessment with Latinos (Summer 2016 & 2017); Interventions with Latinos (Winter 2017 & Spring 2018); Guided Research Class (Fall 2016); Guest lecturer for Culturally Competent Psychotherapy (Summer 2014); Graduate Teaching Assistant for Issues in Measurement (Fall 2011)- duties included weekly labs, exam preparation, poster presentation skills, and lesson remediation.

TRAININGS & CONFERENCES:

Culturally Informed Treatment Planning and Assessment (2010), GLBTIQA-Levels 1 & 2 (2010, 2011, 2014), Mindfulness Acceptance Based Behavioral Therapies for Anxiety (2011), Treating Anxiety in Children & Adolescents: Evidence Based Strategies, Colorado Integrative Medicine Conference (2011), Move Your Life- Exploring the synergy between ACT and mindful yoga practice (2012), Rosenberry Conference (2013 & 2014), Rocky Mountain ACBS Regional Conference (2013), 6th Annual Translational Neuroscience & Educators Conference (2013), Play Therapy (2015), We Are the Tools of the Trade: How Therapist’s Own Attachment Patterns Shape Therapy (2015); APA (2016) Executive Functioning Assessment & Intervention: The Keys to Success in School and Life; Best Practices in Gifted Assessment, Screening Brief Interventions &

Referral to Treatment (SBIRT) for substance abuse problems in children and adolescents (2017). Rorschach Performance Assessment System (R-PAS-2017); Trauma Focused Cognitive Behavioral Therapy (TF-CBT- 2017); Animal Assisted Therapy (AAT-2017); ADOS-2 Clinical Training (2018); IoWA PCIT (2018); CPP (2018)

EMPLOYMENT:

Wyatt Edison Charter School, Denver CO **2006-2010**

First through Fourth Grade Teacher– 2007-2010

- Classroom teacher for first, second, third, and fourth grade classes of students of mixed ability using a variety of instructional methods
- Successfully administered standardized testing to students in Spanish and in English

Special Education Paraprofessional– 2006

- Trained in Wilson Reading program

United Dominion Realty Trust, Atlanta, GA and Denver, CO, **Sept 2004- Jan 2010**

Internet Lead Generation Coordinator –

- Internet marketing coordinator

Project Coordinator for Company Multicultural Initiative

- Researched Hispanic Markets to recommend areas for future expansion
- Led initiative for name changing process, coordinated efforts to define the vision and mission for the initiative

VOLUNTEER WORK AND SPECIAL ACTIVITIES:

University of Denver

- 5th & 6th Annual Translational Neuroscience & Educators Conference (2012 & 2013)
- GSAPP Office Position- Philanthropy Chair (2012-2013), Secretary (2011-2012), Welcoming Committee (2010-2011)
- Technology Committee- Only student member among faculty and staff at GSPP
- Co-conducted interviews for Psy.D. applicants 2011-2012
- Participate in monthly diversity meeting with faculty
- Led a weekly mindfulness group to promote stress relief for all GSPP students, faculty, and staff

Wyatt Edison Charter School, Denver

- Conducted special reading, math, and science workshops teaching parents how to help their children at home
- Lead member of Staff Appreciation Committee, leading group activities and coordinating special events
- Led a group of at-risk boys to Elitch Gardens through the Open Door program
- Tutored below level students in preparation for standardized testing

Regis University, Denver

- Assisted in Children's Special Olympics
- Assisted with coordination of children's wheelchair basketball
- Participated in the MS 5K, distributing breakfast, registration, and accompanying participants in their race

Starlight Children's Foundation, Atlanta

- Attended Hospital Happenings- therapeutic workshops for children, teens, and their families
- Coordinated special children's events, including: rehab games, raffles, KAN activities, hospital happenings, Kovy's Kids, and holiday activities
- Edited, formatted and coordinated mailings of grant letters to expand funding sources